

## Sound-codes for the support of chakras, glands, meridians, nervous system and organs

These sound-codes are primarily intended to support the work of therapists, doctors, alternative practitioners, physiotherapists and others working with humans and animals.

*"All sound-codes are information carriers. The human or animal body receives and converts what it wants and can absorb based on its own destiny".*

In a sound-code-session, your body receives information in the form of vibrations, using short sound sequences sung by me. These sound-codes serve as key words to guide your soul, body and mind towards balance. The chanting, which is usually experienced as soothing, affects the energy system longer than the duration of the session, sometimes even weeks or months later. Each person responds to the sound-codes in their own unique way.

### I. Chakras in balance

The chakras have an important function, including for our bodies. They are the connecting link between all systems. In many people, their healthy function is limited, they are at "a low ebb". It can therefore be a great help to use the sound-codes to promote healthy, optimal functioning. It also facilitates the so-called "opening" of the chakras to higher levels of consciousness, which should happen in a natural way.

### II. Glands in balance

The healthy functioning of our glandular systems is a prerequisite for a healthy system: body, mind and spirit. It has been scientifically studied that many disorders in our emotional and mental bodies are also due to disturbances in the endocrine glands, at least in part.

The sound-codes provide information about the healthy functioning of the main endocrine glands. They support healing and recovery processes and a restoration of the optimal function of the glandular system. They are not meant to replace medicinal treatments, their work is a support for any therapy in the glandular system, no more - but also no less.

### III. Meridians in balance

The sound-codes for the various meridians in the body support a healthy energy flow in the individual meridians. Blockages can be more easily recognised and released by the body itself. In addition, all meridians have the ability to network with each other and from person to person. This ability is largely inactive and is evoked and activated by the sound-codes. This allows the healthy functioning of individual systems - physical, mental and spiritual - to be exchanged as information with others.

Wherever we are, we can share healthy and wholesome things with each other through our meridian system.

#### IV. Nervous system in balance

The basic prerequisite for stable mental health and good functioning in our daily lives is the harmonious interaction of all our different nervous systems. All organ and glandular functions ultimately depend on this.

The extreme overstimulation we are exposed to and the stress we often expose ourselves to, do not make it easy to stay balanced. Moreover, our central nervous system is strongly focused on survival. Only with great effort do we humans manage to remain functional at all in these conditions. It is time to "retune" ourselves, i.e. make the different parts of our nervous system work together differently. Sound-codes offer valuable support for harmonious, balanced and optimal functioning.

#### V. Organs in balance

The sound-codes for the different main organ systems support healthy functioning by transmitting the information of the healthy functioning organ to the body. They are not intended as a remedy for a diseased organ, but can significantly support and accelerate the healing process.

But they can do much more: Our organs carry within them the ability to inform each other about healthy and complete functioning and to communicate with the organ systems of other bodies. In this way, it is possible to transmit comprehensive healthy functioning of the individual organs from person to person, including a reconnection with the divine original source.

Depending on the initial situation, individual sessions can be adapted as desired and supplemented with other methods of energy work. A sound-code-session takes about an hour. Experience shows that, depending on the initial situation, further appointments, e.g. for fine-tuning, and additional measures may be helpful.

#### Prices:

A sound code session costs 90 euros. On request, you can also book a session with Heike Montreal [www.heikemontreal.com](http://www.heikemontreal.com) and me together.

#### Please note:

If you are unable to come to the practice in person, we can also make an **online** appointment via **Zoom**.

*Sound code therapy is not therapeutic or diagnostic work within the meaning of the HP Act. I abide by the instructions in the decision of the Federal Constitutional Court of 02.03.2004 1 BvR 784/03 on spiritual healing.*

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My offers are available in **German**, **Dutch** (my native language) or **English**.

Read more on my website: [www.energetisches-heilen-muenster.de](http://www.energetisches-heilen-muenster.de)

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or contact me directly.

I look forward hearing from you!